


DECEMBER, 2019

monday	tuesday	wednesday	thursday	friday
2 PASTA DAY rotini pasta parmesan marinara multigrain bread	3 steak fajitas cilantro lime rice mushrooms green and red peppers whole wheat tortillas	4 BREAKFAST DAY cinnamon rolls scrambled eggs turkey sausage	5 STUDENT CHOICE will be announced on Mondays	6 PIZZA DAY whole wheat dough meatballs, bacon or cheese fresh veggies
9 PASTA DAY rigatoni alfredo chicken broccoli wheat rolls	10 TACO TUESDAY whole wheat soft shells, shredded chicken, black beans, brown rice, salsa, lettuce, cheddar and sour cream tortilla chips	11 BREAKFAST DAY scrambled eggs sweet honey croissants sliced ham hash browns	12 meatball subs mozzarella marinara zucchini fries	13 PIZZA DAY whole wheat dough meatballs, bacon or cheese fresh veggies
16 PASTA DAY pasta bolognese marinara multigrain bread steamed sweet peas	17 quesadillas chicken or cheese spanish brown rice sweet corn cake	18 BREAKFAST DAY pancakes sausage eggs hash browns fresh berry syrup	19 STUDENT CHOICE will be announced on Mondays	20 NO LUNCH SERVICE
23 NO SCHOOL	24 NO SCHOOL	25 MERRY CHRISTMAS	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL			



 WELLNESS: PLEASE EAT HEALTHY!

 HEALTHY CAN BE FUN! PLEASE DRINK WATER!

 NO ARTIFICIAL FLAVORS OR COLORS