LCA ZOOM ETIQUETTE

FIND A QUIET SPACE: Go to a quiet room so that we are not interrupted by background noise.

USE YOUR OWN NAME: When you sign on, you must use your first name as your display name.

ARRIVE ON TIME: We have a limited amount of time, so it is important to sign in at the scheduled time.

COME READY TO WORK: This is just like a class, so you should be focused and have all materials with you. Leave your phone in another room.

PARTICIPATE ALONE: While we love seeing your pets and your family, they are a distraction.

STAY MUTED: The teacher will give directions, and it is important that everyone is able to hear.

USE HEADPHONES, IF POSSIBLE: Using headphones helps to cut out background noise. If you don't own headphones, that's ok!

RAISE YOUR HAND: If you would like to ask a question or add to the discussion, raise your hand and wait to be recognized. The teacher will give everyone a turn.

DO NOT CHANGE YOUR BACKGROUND: Everyone is at home—it's ok if we see your dining room, living room, or bedroom.

KEEP YOUR CAMERA ON: Teachers miss you and like to see your face. They also like to see that you are focused on the speaker.

BE RESPECTIVL: This is a class, and you should act like you do at school. Use kind words, pay attention, and do not eat during your session.