

FEBRUARY, 2022

monday	tuesday	wednesday	thursday	friday
	TACO TUESDAY shredded chicken brown rice black beans lettuce cheddar salsa and sour cream tortilla chips	BREAKFAST DAY pancakes homemade berry syrup cheesy eggs bacon homefries	SANDWICH DAY grilled cheese tomato soup tater tots steamed veggies	PIZZA DAY whole wheat dough meatball, bacon or cheese fresh veggies
PASTA DAY mac and cheese steamed green beans cornbread	BURRITO BOWLS seasoned beef brown rice black beans lettuce cheddar salsa tortilla chips	BREAKFAST DAY bagels cream cheese sausage links vanilla yogurt	SANDWICH DAY buffalo chicken wraps cheddar cheese lettuce ranch dressing baked tater tots	PIZZA DAY whole wheat dough meatball, bacon or cheese fresh veggies
PASTA DAY cheese pierogies steamed broccoli	QUESADILLAS chicken or cheese brown rice black beans sour cream	BREAKFAST DAY assorted muffins cheesy eggs hashbrowns bacon	SANDWICH DAY BBQ pulled pork wraps potato salad	NO SCHOOL
NO SCHOOL	PORK CARNITAS brown rice black beans cheddar lettuce sour cream	BREAKFAST DAY waffles cheesy eggs bacon hashbrowns	SANDWICH DAY cheese burgers baked crinkle fries steamed carrots	PIZZA DAY whole wheat dough meatball, bacon or cheese fresh veggies
PASTA DAY penne marinara meatballs fresh veggies				

