

JULY, 2022

monday	tuesday	wednesday	thursday	friday
				1 cereal bar honeydew 1% milk cheese pizza steamed broccoli pineapple
4 ECP IS CLOSED	5 ECP IS CLOSED	6 kix cereal bananas 1% milk ham and cheese sandwich on wheat cucumber slices ranch watermelon	7 vanilla yogurt orange slices 1% milk BBQ diced chicken tortilla wrap green beans diced melon	8 cereal bar honeydew 1% milk cheese pizza steamed broccoli pineapple
11 cheerios applesauce 1% milk pasta and marinara carrots strawberries	12 cinnamon muffins bananas 1% milk cheese quesadilla brown rice black beans watermelon	13 crispix cereal apples 1% milk turkey and cheese sandwich on wheat cucumber slices ranch watermelon	14 strawberry yogurt pineapple 1% milk grilled cheese green beans pineapple	15 cereal bar cantaloupe 1% milk cheese pizza steamed broccoli watermelon
18 cheerios orange slices 1% milk BBQ chicken on flatbread peas orange slices	19 cinnamon muffins honeydew 1% milk chicken tacos, brown rice, black beans, cheddar cheese, lettuce, sour cream orange slices	20 kix cereal cantaloupe 1% milk ham and cheese sandwich on wheat cucumber slices ranch honeydew	21 vanilla yogurt apple slices 1% milk BBQ chicken breast green beans cantaloupe	22 cereal bar cantaloupe 1% milk cheese pizza steamed broccoli watermelon
25 cheerios watermelon 1% milk mac and cheese carrots diced melons	26 cinnamon muffins honeydew 1% milk chicken bowl brown rice, black beans sour cream orange slices	27 crispix cereal cantaloupe 1% milk turkey and cheese sandwich on wheat cucumber slices ranch pineapple	28 strawberry yogurt bananas 1% milk chicken nuggets green beans watermelon	29 cereal bar cantaloupe 1% milk cheese pizza steamed broccoli watermelon

*menu subject to change

