

LCA SEPTEMBER 2023

monday	tuesday	wednesday	thursday	friday
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NO SCHOOL	4 WRAPS chicken or cheese buffalo wrap tater tots	5 BREAKFAST DAY waffles turkey sausage cheesy eggs sweet potato tots	6 PASTA DAY marinara with meatballs peas	8 PIZZA DAY bacon or cheese pizza seasoned green beans
11 QUESADILLA DAY turkey and swiss quesadilla sweet potato tots	12 TACO DAY beef tacos cheddar cheese black beans rice sour cream	13 BREAKFAST DAY pancakes turkey sausage cheesy eggs tater tots	14 CREAMY CHICKEN and carrots over mashed potatoes	15 PIZZA DAY sausage or cheese pizza broccoli
18 CHICKEN WRAP chicken, bacon, ranch wrap tater tots	19 BEEF WALKING TACO nacho chips cheddar black beans seasoned rice sour cream	20 BREAKFAST DAY waffles turkey sausage sweet potato tots cheesy eggs	21 PASTA DAY marinara with mozzarella peas	22 PIZZA DAY bacon or cheese pizza seasoned green beans
25 CHEESEBURGER on wheat bun sweet potato tots	26 QUESADILLA chicken or cheese seasoned rice blank beans	27 BREAKFAST DAY pancakes turkey sausage hash browns cheesy eggs	28 PASTA DAY chicken alfredo glazed carrots	29 PIZZA DAY sausage or cheese pizza broccoli

DINING SERVICES

