

# ECP APRIL 2024

# MENU

monday		tuesday		wednesday		thursday		friday	
1	no school	2	apples, cereal, 1% milk ... cheese quesadilla, black beans, mandarin oranges	3	applesauce, cereal bars, 1% milk ... waffles, turkey sausage, sweet potato tots, pears	4	banana, strawberry yogurt, 1% milk ... chicken nuggets, carrots, cantaloupe	5	mandarin oranges, cereal, 1% milk ... cheese pizza, green beans, pineapple
8	apples, cereal, 1% milk ... chicken nuggets, carrots, pears	9	banana, cinnamon muffins, 1% milk ... chicken burrito bowl, black beans, rice, cheddar cheese, sour cream,	10	applesauce, cereal bars, 1% milk ... pancakes, turkey sausage, sweet potato tots, sliced oranges	11	peaches, vanilla yogurt, 1% milk ... turkey and cheddar on wheat, peas, pears	12	sliced oranges, cereal, 1% milk ... cheese pizza, broccoli, cantaloupe
15	apples, cereal, 1% milk ... bbq chicken on bun, green beans, mandarin oranges	16	banana, cinnamon muffins, 1% milk ... cheese quesadilla, black beans, pineapple	17	applesauce, cereal bars, 1% milk ... waffles, turkey sausage, sweet potato tots, sliced oranges	18	peaches, vanilla yogurt, 1% milk ... lago meatballs, pasta and marinara, broccoli, cantaloupe	19	Pears, cereal, 1% milk ... cheese pizza, carrots, applesauce
22	apples, cereal, 1% milk ... chicken nuggets, green beans, peaches	23	banana, cinnamon muffins, 1% milk ... beef tacos, black beans, rice, cheddar cheese, sour cream, mandarin oranges	24	peaches, cereal bars, 1% milk ... pancakes, turkey sausage, sweet potato tots, pineapple	25	pears, strawberry yogurt, 1% milk ... bbq pulled pork on bun, peas, cantaloupe	26	no school
29	Apples, ceareal, 1% milk ... turkey and cheddar on wheat, carrots, mandarin oranges	30	banana, cinnamon muffins, 1% milk ... cheese quesadilla, black beans, pears						



WELL-BALANCED MENU  
A NEW APPROACH TO FEEL YOUR DAY  
HEALTHY AND NATURAL INGREDIENTS  
NO ARTIFICIAL FLAVORS OR COLORS