

ECP JULY 2024

MENU

monday		tuesday		wednesday		thursday		friday		
1	apples, cereal 1% milk ... bbq chicken sandwich on bun, green beans, pears	2	mandarin oranges, cereal bars, 1% milk ... turkey & cheddar on wheat, peas, peaches	3	watermelon, strawberry milk waffle ... turkey sausage, sweet potato tots, applesauce	4		no school		
8	apples, cereal, 1% milk ... nuggets, peas, peaches	9	watermelon, cereal bars, 1% milk ... cheese quesidilla, black beans, mandarin oranges	10	pineapple, vanilla yogurt, 1% milk ... pancake, turkey sausage, sweet potato tots, peaches	11	banana, cinnamon muffin, 1% milk ... turkey & cheddar on wheat, carrots, pears	12		sliced oranges, cereal, 1% milk ... cheese pizza, green beans, applesauce
15	apples, cereal, 1% milk ... bbq chicken on bun, carrot, peaches	16	honey dew, cereal bars, 1% milk ... turkey & cheddar on wheat, green beans, pears	17	sliced oranges, strawberry yogurt, 1% milk ... waffles, turkey sausage, sweet potato tots, peaches	18	banana, cinnamon muffins, 1% milk ... cheese quesadilla, black bean, applesauce	19		watermelon, cereal, 1% milk ... cheese pizza, broccoli, pear
22	apples, cereal, 1% milk ... chicken nuggets, peas, peaches	23	watermelon, cereal bars, 1% milk ... chicken burrito bowl, black bean, cheddar cheese, sour cream, applesauce	24	pineapple, vanilla yogurt, 1% milk ... pancakes, turkey sausage, sweet potato tots, peaches	25	cantaloupe, cinnamon muffins, 1% milk ... turkey & cheddar on wheat, green beans, pears	26		sliced oranges, cereal, 1% milk ... cheese pizza, broccoli, applesauce
29	apples, cereal, 1% milk ... pierogies, carrots, peaches	30	honey dew, cereal bars, 1% milk ... bbq pulled pork on bun, peas, mandarin oranges	31	watermelon, cereal bars, 1% milk ... waffles, turkey sausage, sweet potato tots, applesauce					

