ECP NOV 2024   MENU

monday	tuesday	wednesday	thursday	friday
				1 banana, cereal, 1% milk ... cheese pizza, carrots, pears
4 apple, cereal, 1% milk ... chicken nuggets, peas, peaches	**5** banana, cereal bar, 1% milk ... cheese quesadilla, black beans, cheddar, sour cream, mandarin oranges	**6** honey dew, muffins, 1% milk ... pancakes, sausage links, sweet potato tots, applesauce	**7** oranges, yogurt, 1% milk ... turkey and cheddar on wheat, carrots, pears	**8** banana, cereal, 1% milk ... cheese pizza, broccoli, peaches
11 apple, cereal, 1% milk ... turkey and cheddar on wheat, green beans, mandarin oranges	**12** banana, cereal bar, 1% milk ... chicken burrito bowl, black beans, rice, cheddar, sour cream, pears	**13** watermelon, muffins, 1% milk ... waffles, sausage links, sweet potato tots, peaches	**14** cantaloupe, yogurt, 1% milk ... pierogies, peas, applesauce	**15** banana, cereal, 1% milk ... cheese pizza, carrots, mandarin oranges
18 apple, cereal, 1% milk ... bbq pulled pork on bun, broccoli, peaches	**19** banana, cereal bars, 1% milk ... cheese quesadilla, black beans, cheddar, sour cream, pears	**20** honey dew, muffins, 1% milk ... sausage links, sweet tater tots, mandarin oranges	**21** pineapple, yogurt, 1% milk ... chicken nuggets, peas, and applesauce	**22** banana, cereal, 1% milk ... cheese pizza, carrots, peaches
25 apple, cereal, 1% milk ... chicken nuggets, green beans, pears	**26** banana, cereal bar, 1% milk ... chicken taco, black beans, rice, cheddar, sour cream, peaches	**27** no school.	**28** no school.	**29** no school.

Dining Services

★ **WELL** BALANCED MENU ★
A NEW APPROACH TO FUEL YOUR DAY

HEALTHY AND NATURAL INGREDIENTS

NO ARTIFICIAL FLAVORS OR COLORS