## ECPAPR 2025

## MENU

monday	tuesday	wednesday	thursday	friday
	banana, cereal bar, 1% milk beef taco, black beans, rice, cheddar ,sour cream, pears	fresh fruit, muffins, 1% milk waffles, sausage links, tater tots, applesauce	banana, yogurt, 1% milk  pierogis, cucumbers and ranch, mandarin	fresh fruit, cereal, 1% milk  grilled cheese on wheat, broccoli, pears
apple, cereal, 1% milk,  bbq pulled pork on bun, green beans, pears	banana, cereal bar, 1% milk chicken burrito bowl, black beans, rice, cheddar, sour cream, applesauce	fresh fruit, muffins, l% milk pancakes, sausage links, tater tots, mandarin oranges	banana, yogurt, <mark>1% milk</mark> mac and cheese, cucumbers and ranch, pear	fresh fruit, cereal, l% milk  cheese pizza, broccoli, applesauce
apple, cereal, 1% milk chicken nuggets, green beans, mandarin oranges	banana, cereal bar, 1% milk cheese quesadilla, black beans, applesauce	fresh fruit, muffins, 1% milk waffles, sausage links, tater tots, pears	banana, yogurt, l% milk  pasta and meatballs, cucmbers and ranch, applesauce	no school.
no school.	apple , cereal bar, 1% milk cheese quesadilla, black beans, mandarin oranges	fresh fruit, cereal, 1% milk pancakes, sausage links, tater tots, pears	banana, yogurt, 1% milk pierogis, cucumbers and ranch, applesauce	no school.
apple, cereal, 1% milk cheeseburger on bun, peas, mandarin oranges	banana, cereal bar, 1% milk  chicken burrito bowl, black beans, rice, cheddar, sour cream, pears	fresh fruit, muffins, l% milk waffles, sausage links, tater tots, applesauce		DINING SERVICES  *WELLBALANCED MENU * ARRE APPRAIGNOTO THE TORSING * HEALTHY AND NATURAL INGREDIENTS